

# Mouth Cancer Awareness Day observed at Institute of Dental Sciences Jammu

## EARLY TIMES REPORT

JAMMU, Sept 16: The Mouth Cancer Awareness Day (MCAD) was observed in the Department Of Public Health Dentistry at Institute of Dental Sciences, Jammu on the lines of an annual campaign being run by the Mouth Head and Neck Cancer Awareness Group of IRELAND.

The Principal of the college Dr. Sarbjeet Singh was present on the occasion while being accompanied by all HODs, interns and final year students of the institute. Various speakers took part in the programme and highlighted the public and professional awareness of mouth head & neck Can-



Participants attending MCAD at Institute of Dental Sciences Jammu.

cer and the link between alcohol and these cancers. Promote early detection and encourage earlier presenta-

tion with signs and concerns about mouth head and neck cancer to improve potential outcomes.



## CAMPUS

International Women's Day  
celebrated at IDS, Sehora

Jammu Links News

3/8/2021



JAMMU: To commemorate this year's official International Women's Day theme (2021) 'Choose To Challenge', an interactive session was organized by Institute of Dental Sciences, Sehora





## JAMMU

### Anti-ragging awareness Program organised for students at IDS

Jammu Links News

3/6/2021



**JAMMU:** An Anti Ragging awareness program was organized by Institute of Dental Sciences Sehora on Saturday.

The program was aimed to bring awareness among students and staff about menace of ragging. Dr. Rakesh Gupta, Principal, IGGDC & Member of Dental Council of India was the Guest of honour.

The event stressed upon Ragging being a social Evil and highlighted the role of an Institution in ensuring the safety of students all time.

Dr. Sarbjeet Singh, Principal IDS Stressed upon the suitable measures that have been adopted by the institute to monitor the activities of students and



# IDS Sehora distributes health packets on the occasion of Children Day

## EARLY TIMES REPORT

JAMMU, Nov 13: As a mark of celebrating Children Day and to spread paediatrics dental health care awareness in the society, a free dental camp was organized for children in the village Navgram, Bishnah, Jammu by the Department of Pediatrics and Preventive Dentistry, IDS, Sehora Jammu.

Children of different age groups were benefitted from the camp where in a team of various doctors from the Institute conducted a free oral health check-up along with giving demonstrations on how to brush and other essential steps required to take care of their oral health properly. Dr. Bhavneet Kaur, HOD, Pediatrics and Preventive Dentistry, emphasised on understanding the significance of child dental health care and stressed upon incorporating a healthy balanced



Children, ors pose for group photograph.

diet along with maintaining a proper regular oral hygiene routine for attaining optimal dental health in children. She said the basic aim of this camp was to highlight the importance of healthy diet, proper oral care routine and also to encourage oneself to get properly educated for attaining a progressive healthy outlook in the society.

Free health packets

were distributed by the team amongst all the children attending the camp to motivate them in following a healthy regimen which included oral care hygiene kits, nutritious healthy dietary items such as fruits, milk, healthy snacks etc along with few stationary items to highlight the significance of education, health and nutrition together.

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