


INSTITUTE OF DENTAL SCIENCES SEHORA JAMMU

AIDS awareness among women

To raise awareness about the impact of HIV on women and celebrate HIV/ AIDS awareness day an awareness programme was organised under the aegis of gender sensitisation programmes was held on 10 March 2020 titled, “**AIDS awareness among women**” where 85 students along with faculty members participated. The programme was inaugurated by Dr. Sarbjeet Singh, Principal, Professor & Head Department of Oral Medicine and Radiology who was also chief guest for the occasion. The welcome address was presented by presented by Dr. Isha Vaid, Lecturer, Department of Pediatric dentistry who welcomed the participants and threw light on need and importance of such awareness programmes. Dr. Bhavneet Kaur, Chairperson, Women Cell IDS and Reader, Department of Pediatric Dentistry was the guest of the honour on the occasion. She threw light on the historical background, clinical presentation AIDS and its relation to female gender. The vote of thanks was presented by Dr. Malvika Singh, Lecturer, Department of Periodontics.

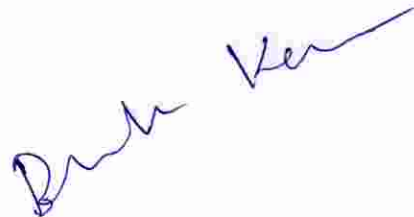


Women Cell Committee
IDS Jammu

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How to make work and life balance- An awareness programme for women

To raise awareness about the balancing work and life awareness programme was organised under the age is of gender sensitisation programmes was held on 10 March 2020 titled, “**How to make work and life balance- An awareness programme for women**” where 76 students along with faculty members participated. The programme was inaugurated by Dr. Sarbjeet Singh, Principal, Professor & Head Department of Oral Medicine and Radiology who was also chief guest for the occasion. The welcome address was presented by presented by Dr. Malvika Singh, Senior Lecturer, Department of Periodontics who welcomed the participants and threw light on need and importance of such awareness programmes. Dr. Bhavneet Kaur, Chairperson, Women Cell IDS and Professor and Head, Department of Pediatric Dentistry was the guest of the honour on the occasion. She gave tips on how to balance both work and life and lead a happy and healthy life to the participants. The vote of thanks was presented by Dr. Syed Raheela, Lecturer, Department of Physiology.



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Debate competition on, "Are the women of the society safe and secure in today's era of information revolution?"

To raise the issue of women security and society debate competition was organised under the aegis of gender sensitisation programmes on 16th August 2019 titled, "**Are the women of the society safe and secure in today's era of information revolution?**" in IDS Jammu where 74 students along with faculty members participated. The programme was inaugurated by Dr. Sarbjeet Singh, Principal, Professor & Head Department of Oral Medicine and Radiology who was also chief guest for the occasion. The welcome address was presented by presented by Dr. Malvika Singh, Senior Lecturer, Department of Periodontics who welcomed the participants and threw light on need and importance of such debates. The debates were judged by Dr. Sarbjeet Singh Principal & Dr. Bhavneet Kaur, Reader, Department of Paediatric Dentistry. The students participated in a very enthusiastic manner and to boast a spirit competitiveness and confidence of best three debates were awarded as Ist, IInd and IIIrd and were given gold, silver and bronze medals respectively. The vote of thanks was presented by Dr. Syed Raheela, Lecturer, Department of Physiology.



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Women oral health awareness programme

To promote oral health awareness programme was organised under the aegis of gender sensitisation programmes on 17 September 2018 titled, **“Women oral health awareness programme”** where 31 students along with faculty members participated. The programme was inaugurated by Dr. Sarbjeet Singh, Principal, Professor & Head Department of Oral Medicine and Radiology who was also chief guest for the occasion. The welcome address was presented by presented by Dr. Syed Raheela, Lecturer, Department of Physiology who welcomed the participants and threw light on need and importance of such awareness programmes. Dr. Diljot Kour, Reader, Department of Public Health Dentistry was the guest of the honour on the occasion. She taught oral hygiene instructions and brushing techniques to the participants. Pamphlets containing oral hygiene instructions and oral hygiene aids were also distributed to them. The vote of thanks was presented by Dr. Isha Vaid, Lecturer, Department of Paediatric Dentistry.



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Talk on are we sensitive towards our women folks: triple role and changing in division of labour for women

To promote gender equality and women's rights in IDS Jammu, a talk on **"Are we sensitive towards our women folks: triple role and changing in division of labour for women"** was held on 6st August 2018 where 82 students along with faculty members participated. The programme was inaugurated by Dr. Harvinder Singh, Principal and Professor, Department of Prosthodontics who was also the guest of the occasion. The Welcome address was presented by Dr. Isha Vaid, Lecturer, Department of Paediatric Dentistry IDS Jammu. The talk was presented by Dr. Bela Mahajan, and Reader Department of Oral Pathology was also the guest of the honour on the occasion. She appraised the audience about gender quality and its role in changing division of labour for women. The vote of thanks was presented by Dr. Syed Raheela, Lecturer, Department of Physiology.


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A brain storming session on importance of gender awareness on social development

A brain storming session on gender awareness programme was organised under the aegis of gender sensitisation programmes on 17 April 2017 titled, “**Importance of gender awareness on social development**” where 91 students along with faculty members participated. The programme was inaugurated by Dr. Yoginder Singla, Principal, Professor & Head Department of Prosthodontics who was also chief guest for the occasion. The welcome address was presented by presented by Dr. Syed Raheela, Lecturer, Department of Physiology who welcomed the participants and threw light on need and importance of such awareness programmes. Dr. Diljot Kour, Reader, Department of Public Health Dentistry was the guest of the honour on the occasion. She threw light on increasing general sensitivity, understanding and knowledge about gender (in)equality. The vote of thanks was presented by Dr. Isha Vaid, Lecturer, Department of Pediatric Dentistry.



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